



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2012

Sporting Excellence in Karate

Regional Level

Jack Traynor

This is to certify that Jack Traynor has performed to a very high standard in Competition Sport Karate throughout 2012 winning the medals and titles listed below:-

Championship Success - 1 Bronze

Shindo Kai National Championships - 15th November, Barnsley

Bronze - Individual Kata

Congratulations on your sporting achievements throughout 2012. Well done Jack.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.